AmMed Cancer Center
安美癌科治療中心

姓名: _____ 性別: _____
電話: _____ 傳真: _____
電郵: _____

檢查日期: _____ 時間: _____

癌症專科檢查程序

檢查前準備:

- 請把填寫好的風險評估/預早偵測問卷(女性亦需填寫有關柏氏抹片的問卷)在**接受檢查前至少一天前**傳真至 25233376 或寄回

  安美癌科治療中環中心
  香港中環
  民光街十一號
  三號碼頭二樓 **(此問卷是很重要的，請妥善填好，並預早交回)**

- 請依下列指示收集糞便樣本做隱血檢查:
  - 須要在**三次不同**的糞便中提取樣本，每次約 10 克
  - 在飲食上要避免進食紅肉、紅色的蔬菜水果，如西瓜、紅蘿蔔和甘荀等。同時亦需要避免服用含鐵的補充劑及大量的維他命 C
  - 請在收集瓶上填寫你的姓名
  - 把糞便樣本存放在雪櫃內或暗涼的地方
  - 請於身體檢查當天攜帶所有的糞便樣本

- 有關柏氏抹片檢查須留意之事項**(只限女性)**:
  - 請於上一次月經來臨至少一星期後才適合接受檢查
  - 如現時懷孕，必須先咨詢醫生是否合適進行檢查
  - 在檢查前 24 小時不可進行陰道消毒沖洗

身體檢查的程序:

- 於接待處登記
- 由護士進行簡單檢查
- 醫生提供會診及身體檢查
- 進行各項檢驗 (包括尿液、大便、X 光肺片及血液檢查，女性加驗柏氏抹片)
- 血液檢查包括: 全套血球計算、鈉、鉀、血尿素、肌酸酐、血糖、膽紅素、谷丙轉氨酶、乳酸脱氫酶及乙型肝炎表面抗原報告，男性加驗前列腺癌抗原
- 一星期內會獲電話通知檢查結果，並可提取報告
- 如有需要會由醫生解釋報告及作出轉介

AmMed *Cancer Center*
安美癌科治療中心

Name: _____ Sex: _____
Tel no.:_____ Fax no.:_____
Email: _____

Date of Check-up: _____ Time: _____

Cancer related Check-up Procedure

Preparation:

- Please complete the enclosed Risk Assessment/Early Detection Questionnaire (Women also need to complete the Pap smear screening questionnaire) and return to us **at least one day before** your appointment by fax 25233376 or mail to :

  AmMed Cancer Center(Central)
  2nd Floor, Pier 3
  No.11 Man Kwong Street
  Central, Hong Kong

(This Questionnaire is very important, please complete all and return as soon as possible)

- For taking stool samples for occult blood test, please follow the below instruction:
  - Specimens should be taken from **three successive bowel motions**, each specimen approximately 10g
  - In the period of specimen collection, client should avoid to eat red meat, certain red fruits and vegetables, esp. melon, carrots and radish. Also, iron supplements and excessive amounts of vitamin C should be avoided.
  - Please mark your name on all three containers
  - Keep the samples in cool area or in the refrigerator
  - Bring all three samples with you for the appointment

- Reminder for Pap Smear examination **(for women only)**:
  - Please schedule appointment at least one week after menstrual period.
  - Please consult doctor before schedule Pap smear for pregnant women.
  - Advise patient not to douche within 24hours of Pap smear examination.

Procedure for the date of check-up:

- Register at the reception
- Simple check-up at the nursing station
- Consultation and physical examination by doctor
- Proceed to testing (Including: urine test, stool test, chest X ray, blood test and Pap smear for women only)
- Blood test including: complete blood count, sodium, potassium, BUN, creatinine, glucose, bilirubin, ALT, LDH, hepatitis B antigen report and PSA for men only
- Results will be told via phone call and report will be ready within one week
- The results will be explained by doctor and referral may be made as necessary